GARMIN

quatix 7 - Standard Edition

Specifications

Standard	Sapphire

Hardware

Case diameter	51 mm
Weight	76 g
Watch display type	Sunlight-readable, transflective, memory in pixel
Touchscreen	No
Bezel color options	10 UTM
Strap colors and lengths	Black
Strap material	Silicone
Strap removing	Tool
Adjustable strap	Yes
Garmin Pay™	Yes
Water rating	10 ATM
Operating temperature range	-20 to 45 °C
Charging temperature range	0 to 45 °C
Bezel Material	Stainless steel
Lens type	Flat sapphire crystal
QuickFit™ watch band compatible	Yes
Strap material	Fluoroelastomer
Physical size	51 x 51 x 14.5 mm
Physical color	Dark titanium with black DLC coating, Silver with black DLC coating, Dark titanium, Silver, Black
Case material	Fiber-reinforced polymer
Battery life	Watch mode: Up to 16 months; Battery Saver Watch Mode: Up to 24 months; GPS: Up to 60 hours; Expedition GPS: Up to 192 hours; Battery Saver GPS: Up to 400 hours; Battery life may vary.
Charging method	Proprietary magnetic charging cable
Battery type	Rechargeable, non-removable
Battery capacity	1,000 mAh
Charging time	1.5 hours

Watch Features

Time Keeping	Yes
Alarms	Yes
Customizable daylight saving time	Yes
Alarm clock	Yes
Timer	Yes
Stopwatch	Yes
Countdown timer	Yes
Sunrise and sunset times	Yes
Customizable sunrise and sunset times	Yes
Daily training Peak™	Yes
Daily training Peak™	Yes
Respiration rate (24h)	Yes
Pulse Ox	Yes
Pulse Ox Sleep Chart	Yes
Pulse Ox Sleep Chart	Yes
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